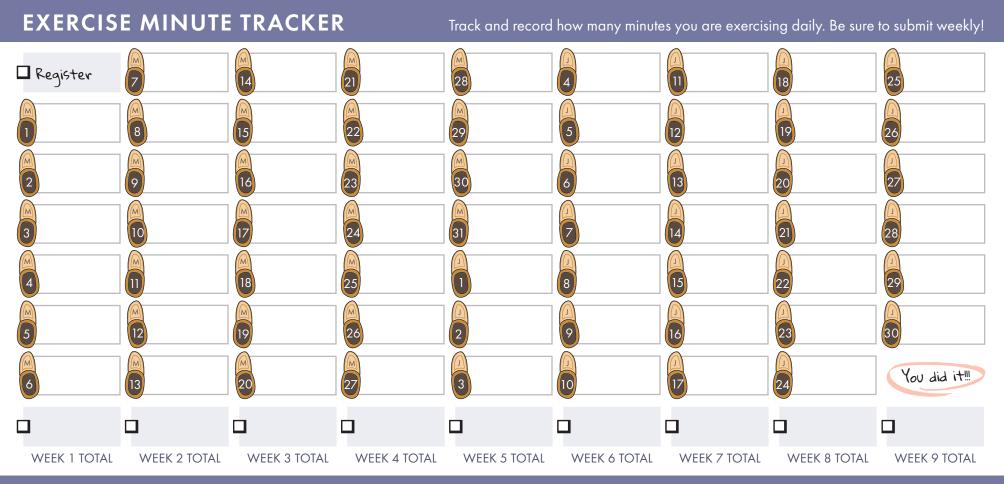




Name: _____

REMINDER: Submit your Weekly Total and Weekly Challenge Entry every week using the **Time Log** on: <u>www.onwa.ca/moccwalk</u>



WEEKLY CHALLENGES (OPTIONAL)

Be sure to check in weekly to find out what the weekly challenge is!



(in)