

# ANNUAL REPORT

2018 - 2019



# NOVEMBER, FREEZING MOON The eleventh moon of Creation is the Freezing Moon, a time when the Star Nation is closest to us. As every creature being prepares for the coming fasting grounds, we are reminded to prepare ourselves for our spiritual path by learning the sacred teachings and songs that will sustain us.

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# Our Vision

At the Ontario Native Women's Association (ONWA) we will support women to take up their leadership roles in the family and in the community.

ONWA will support women's leadership. To do that we have to ensure that our voices are heard. We have to start by listening to each other first.

- To reclaim our voices we must have knowledge. Much of the knowledge we need to be strong leaders is rooted in the cultural teachings.
- To hear our own voices we must silence our pain and trauma and find a place for it in our lives that does not hurt us.
- Our self-esteem needs to be reclaimed.

When we speak we will have a grounded, balanced, strong, and kind voice.

To achieve our leadership roles we have to break the cycle of abuse that is part of our families and communities. To do that we will, through all of our actions and words, not carry forward the abuse.

We will speak the truth because we will know what the truth is. We will be forgiving and move forward after our truth has been shared. We will not use the colonization behaviours we have learned to hurt others. We will believe in our truth and respect it.

We will expect board members and our Executive Director to reflect this vision of behaviour. When they do not behave in this way we will gently ask them to realign their behaviour.

We will be focused in our work and not exhaust the staff or board. We recognize that any issue we chose to work on, with focused resolve, will support women to move forward in all issues, because all issues are interconnected.

In being leaders in our families our focus must be on the children:

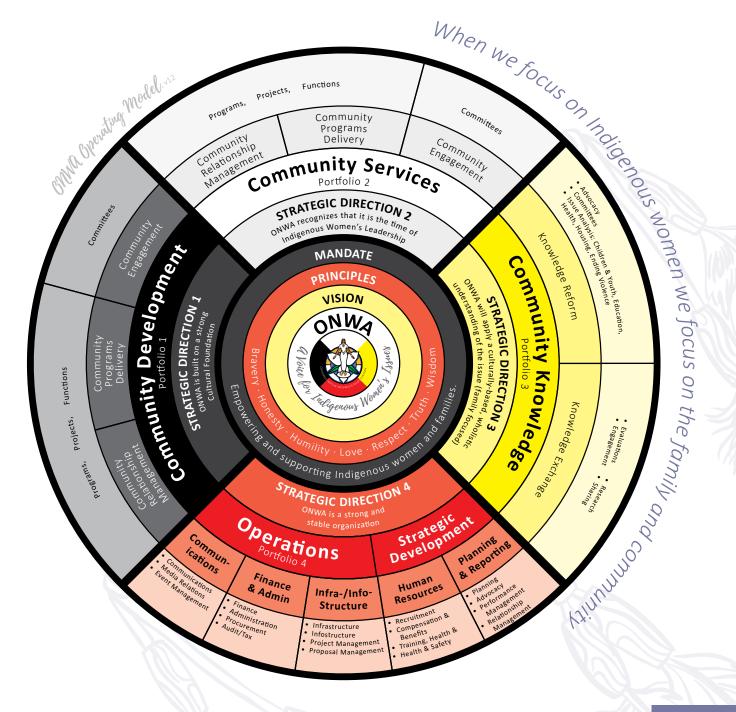
- We take up our role for the children and address the child welfare system. We will build a child welfare system that is transformed and recognizes that the shattered, hurt parent needs love, care and attention, just as her children do. We will create new ways of healing families that are based on the cultural teachings. We help each woman change her life for the better.
- We take up our role for the youth and deal with the youth suicide. We will be good teachers and guides for our youth and make space for them in our work.

We will trust in ourselves and in each other that we can realize this vision. We will love and care for each other.

# Our Organizational Structure

ONWA is honoured to take up our responsibility to the community. In the true nature of Indigenous women's leadership, we do not see one person as more important than the other, but rather, we focus on each of our responsibilities as part of the whole. We come together in unity and work towards one vision.

Our Operating Model is a visual representation of how our Strategic Picture is implemented throughout ONWA. This model places women at the centre of the wheel and immediately surrounded by our Vision, Principles and Mandate; as these form the heart of all ONWA's work. Balancing this foundation, are four Portfolio's encompassing the four key goals outlined in our Strategic Picture.





# President's Message



It is a great honour on behalf of the Board of Directors to report that the Ontario Native Women's Association (ONWA) continued to navigate change and challenges in a year of tremendous growth and success. We are happy to report that

ONWA moved forward on all of the strategic actions introduced in the Strategic Picture 2016-2021, as a result we are in the process of planning a new comprehensive Strategic Picture focused on long term goals and outcomes that have been identified in the recent community engagements, as we know that Indigenous women are the experts and this is part of reclaiming our voices and leadership.

As an organization, ONWA not only delivers programs and services, but also financial benefits and cost-savings to stakeholders whether government or private sector support. The work of the organization is making a positive impact across our communities and future generations, the need for ONWA's services continues to grow

as we have seen a 46% increase in the number of individuals accessing our services. As a result, we have opened new offices in Hamilton, Ottawa and Toronto. ONWA has been able to grow the organization across the province with expanded and exciting capacity.

This upcoming year we will implement a new *She Is Wise Passing on Our Wisdom* program that is geared to Indigenous Women's Leadership through capacity building. Focus will be placed on skill building with our membership in the areas of Board Governance, Partnership Development, Collaboration, Networking and Strategic Planning, as this is what we have heard is needed from our engagement sessions.

Our work as an agency would not have been possible without the strong leadership of our Executive Director or her team of dedicated employees across the organization.

In unity

Dawn Lavell-Harvard

Dawn Lavell-Harvard

# Executive Director's Message



Over the past year, ONWA has been developing key ideologies that focused on changing the story of Indigenous women. The She Is Wise lens is one such example, and is based on a HER Healing model that stands for Healing and Empowerment to Reclaiming HERself. Through this

strength-based foundation, we have seen truly inspirational stories in our work. There is nothing more beautiful than a woman finding her purpose in life. We are honoured to walk this journey with her, her family and her community.

Moving forward, we need to reclaim what has been lost and move beyond fear. In the coming year we will be implementing key frameworks based on Indigenous women's strengths, while role modeling how to move away from a colonized system.

In the past few years our work around exploring what leadership means for Indigenous women has created a strong foundation. Indigenous women have clearly stated that reclaiming leadership is needed at the individual level, within the family circle and at the community level. They have validated that the Harmony Circles model is what we need to focus on, supporting all three relationships within a healing context in order to restore balance in our communities.

To ensure an integrated approach, ONWA's has developed a Leadership Framework based on key values that align and connect our Vision to the work we do across the organization. These values acknowledge that Indigenous women have:

- the right to safety and healing;
- the right for services that meet her needs;
- the right to reclaim her voice and leadership;

- the right to culture and identity; and
- the right of choice.

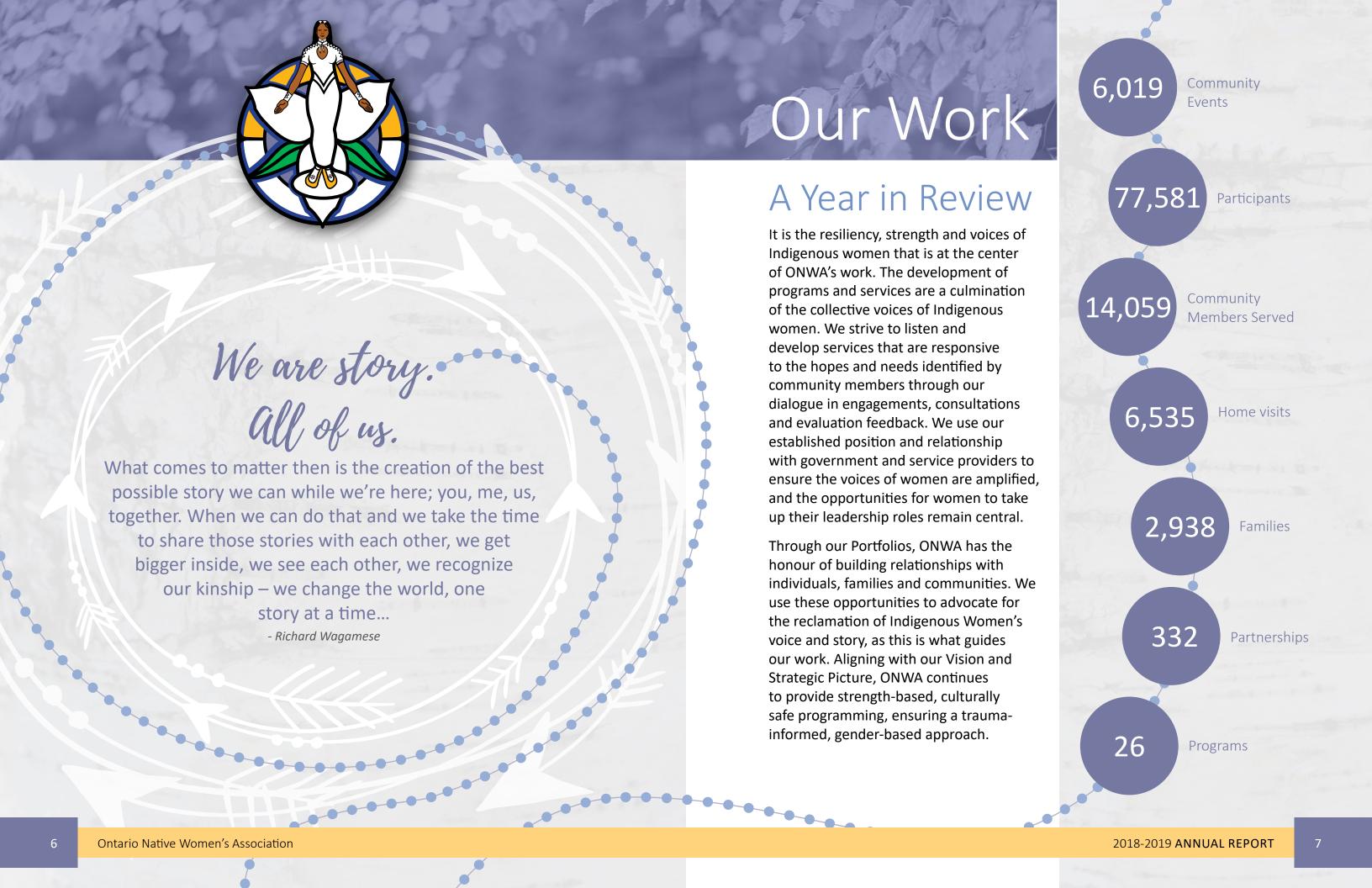
The journey towards fulfilling our Vision will not be without its challenges. A large portion of the work we do is unfunded and unrecognized. We must remember that focusing on Indigenous women's healing does not take away from any other part of our community. ONWA acknowledges that women are the starting place of our work. "When we focus on everyone we focus on no one; When we focus on Indigenous women, we focus on the family and the community."

As a result of staying true to our organization's vision and creating Indigenous women services that meet her needs we have seen amazing outcomes such as 156 children reunified with their families. The role of mothering is vital and key towards Indigenous women's healing from violence, as her children are her resiliency. Women have clearly stated that they cannot begin their healing until their safety needs are met, this includes having women only healing spaces available to share their truths.

ONWA recognizes that we are all interconnected and honouring our connection is the beginning of a path toward a new narrative of empowerment for future generations of Indigenous women.

In unity

Cora-Lee McGuire-Cyrette
Cora-Lee McGuire-Cyrette











# Healing our Spirits Worldwide Conference

# ONWA supports and empowers Youth to tap into their strength and use their voice.

In November 2018, ONWA attended the 8th gathering of Healing Our Spirit Worldwide (HOSW) conference in Sydney, Australia. The gathering brought together Indigenous people from around the world to celebrate the power of Indigenous wisdom and exchange knowledge through the power of sharing stories and experiences.

ONWA, being a leader in women's leadership, called out to Ontario's Youth in search of today's Youth leaders to participate. After a careful selection process, 6 Youth candidates were chosen to represent ONWA and their communities.

The Youth attended the HOSW conference to continue building their capacity and strengthen their bundles, then returned home and shared the knowledge they had been gifted with their communities. Each of the Youth committed to working with a mentor from ONWA, as well as attending and presenting at ONWA's She is Wise Conference; to share valuable knowledge, cross-cultural learning, and assist in building capacity and leadership of other Indigenous women and Youth across Ontario.









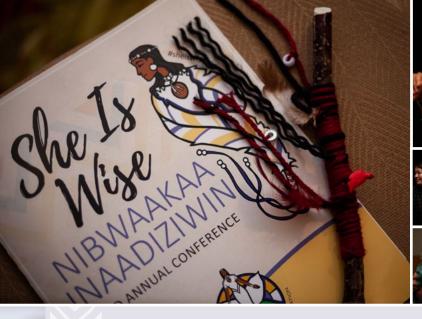




























ONWA hosted it's second annual *She is Wise in Ways of Life* conference on March 18-20, 2019, in Toronto. The purpose of the conference is to support frontline work by bringing together Indigenous Women, Youth, Elders, guests and Ministry partners from across the province.

The conference emphasized ONWA's commitment to providing services and safe spaces that are culturally grounded, gender-based, and trauma-informed.

Harnessing the positive feedback from 2018, Indigenous knowledge keepers were gathered together again to build capacity and develop and replenish cultural bundles while working to restore Indigenous women's roles and leadership.

The 2019 conference offered participants the opportunity to participate in several workshops and teachings:

- 13 Moon Teachings and Self-Care
- Building our Bundles
- Developing Safety Plans with Human Trafficking Survivors

- Kairos Blanket exercise
- Land-Based Healing
- Making Birch Bark Baskets
- Okogway: Story of the Wise Woman
- Responsibilities in Balance
- Self-Defence
- Shaking our Rattles Teachings
- Taking Care of Elders
- Talking Stick Teachings
- Women as Medicine
- Working with Human Trafficking Survivors
- Youth Creation Story
- Youth Life Promotion

The conference spotlighted: a Hoop Dance by 14 year old Theland Kicknosoway; "Visioning our Wise Practices", a vision board exercise; and "Letters of Legacy", where participants were given the opportunity to share their stories and words of strength in letters to future generations. The conference ended with a moving Keynote address and performance by Susan Aglukark, resulting in an impromptu Round Dance.





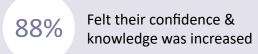


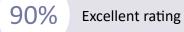


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## **Participants**

96% Female90% Self-identified as First Nation,Métis and/or Inuit





94% Expressed interest in attending again







# Community Development Portfolio

The vision of this Portfolio is to help communities believe in their knowledge and expertise; supporting Indigenous women, families and community through education and awareness. Programs are delivered provincially through ONWA branches, membership, community partners, and educational institutions.

It is the responsibility for this Portfolio to ensure that ONWA is built on a strong cultural foundation. By doing this work, we recognize that communities have different cultural practices, teachings and responsibilities; ONWA is respectful of these differences. It is for these reasons that Community Development works closely with Community Services; housing the Land Based Coordinator and Traditional Knowledge Consultant, who are part of the Mental Health Program.

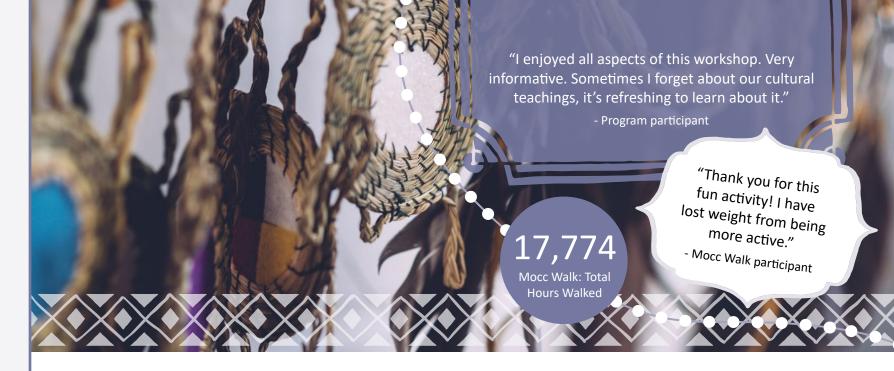
This Portfolio's delivers programs 2 ways; provincial coordinator based programming, or management of services agreements with community agencies. It utilizes a 12-4-1 model that increases community knowledge around issues relevant to them. Each program work plan is designed to deliver 12 workshops, 4 regional activities and 1 provincial education campaign. The work is specific to the program, and the workshops and regional activities are specific to the needs of the community or region.

Strategic Direction: Gonwa is built on a strong

BO

**Cultural Foundation** 





### **Aboriginal Diabetes Education**

During the 2018-2019 year, this program served 2,930 community members.

The March 2018 Mocc Walk was another outstanding success, with 1,297 walkers participating across Ontario and a total number of 17,774 hours walked in a 2 month period.

# Building Indigenous Women's Leadership

This program delivered 33 workshops, events, traditional teachings and web-based training to 624 community members, to further develop their leadership skills.

This program was honoured to take the lead in completing a membership engagement that will guide the development of ONWA's next strategic picture. This program met with 7 Chapters and 13 Councils, with a total of 240 of ONWA's membership participating in the engagement. Membership responses to the engagement visits were positive, as some members shared that:

"I feel like you have given me a petal from your flower, now I can go to my community and make my own garden" ONWA's membership is currently 11 Chapters and 29 Councils located in 38 communities throughout the province of Ontario.

# Supporting Families of Missing and Murdered Women and Girls (MMIWG)

This program honours the memory of MMIWG through ceremony, which is essential to family healing. Grief recovery support work, through a healing through the arts approach in programming, has proven to support families honouring their loved ones while healing themselves. The physical act of creating art, bead work, painting and writing in conjunction with ceremony becomes the medicine needed for families experiencing a loss. This program supported 374 families to attend 22 ceremonies and participate in numerous art therapy projects.

"This would not have been possible for a number of our athletes without ONWA's support. I am greatly appreciative and I know they are as well."

- coach of Beaver Brae Wrestling Team, competed in Provincial Championships in Ottawa ON

"The Family Support Worker has a way of making me feel more relaxed and I always feel calm around her. She was there to explain the process and forms, transport me to court and meetings, always offered a smudge. She took care of my spirit."

- Circles of Care Program Participant

UNIQUE PROGRAM STATS - Circles of Care:			
87	Families Reunified		
156	Children Reunified		
173	Families Assisted in Prevention of CAS Apprehension		
251	Children Assisted in Prevention of CAS Apprehension		
3,599	One-to-One Services Provided		
971	Family Services Provided		
625	Group Activities Provided	K	
396	Community Activities Provided		
11,456	Total Number of Community Members Supported by the Program		

14

### **Breaking Free from Family Violence**

Previously called: Circles of Care

This program has been extremely successful over the past year, supporting Indigenous women and their families across the province in a culturally rooted, wholistic way, in the area of child welfare and family violence. Parents have received the supports they needed, children were prevented from being apprehended, and more families stayed together as a direct result of this program. Almost every site had a waitlist for services in 2018/19 and the program supported 87 family reunifications, with 156 children reunified, and numerous early interventions and preventions. The program also provided numerous cultural and community activities across the province including community engagements at each of the 9 sites.

### **Youth Life Promotion**

This program is designed to empower Youth through interactive activities with a focus on Indigenous culture, spirituality and teachings by ONWA staff, Mentors and respected Traditional Knowledge Keepers.

Through the services offered by this program, Indigenous Youth are supported with their emotional well-being through wholistic, culturally-grounded supports that instill a sense of belonging, purpose, meaning and hope.

Many community Youth have been given the opportunity to participate in cultural events such as drum making, and prepping and tanning hides. The Youth have also participated in numerous provincial conferences which has allowed them to learn many life lessons and cultural teachings from a wide host of respected speakers and Traditional Knowledge Keepers. This program has also helped Youth participate in community activities including sporting events, to help pursue their interests and give them a sense of direction and accomplishment.

94 Youth participated in 15 events and workshops. Many of the Youth now feel safe within this program and have grown strong relationships with ONWA staff and other Youth.



### **Tikinaagan Workshop**

The Breaking Free from Family Violence Program hosted a Tikinaagan workshop for Family Support Workers, allowing them to pass on the teachings learned to the families they work with.

Some key teachings that were taken away from this workshop were the importance of the Tikinaagan, how the boards were smudged with good thoughts and prayers for the baby, and how medicines were placed inside to help with the babies health. The Tikanaagan was a way for the babies to learn about the world around them, to develop their social skills, independence and connect with their mothers. The Tikanaagan allowed the child to see and hear everything; it heightened their senses, while making the babies feel safe and secure by imitating the feeling of the womb. Teaching service providers to understand the Tikanaagan story is a tool that Breaking Free from Family Violence Family Support Workers can now use going forward. It becomes the technique for them to use in teaching patience and provides the cultural connection to the work they are doing with families experiencing family violence.

## **Sharing the Knowledge**

ONWA was approached by Toronto Police Services to take part and lead with a keynote address in the training of over 150 police officers in a two-day training event.

ONWA's dedication to strengthening partnerships is evident through its relationship with the Thunder Bay Police. ONWA had learned that one of the first survivors that was supported by the Indigenous Anti-Human Trafficking Liaison program followed through with pressing charges. She then began her new journey, recognizing that she was a survivor. After successfully finishing treatment, she continued to reclaim her identity as a survivor champion, and as a result Thunder Bay was able to proceed with its first prosecution.

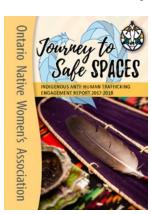


In April 2018, ONWA held a Youth Life Promotions logo design contest, open to Indigenous artists and graphic designers (age 14-25) in Thunder Bay.

The winning logo (seen above) was created by Brandon Bruce. He describes it as: "inspired by Ojibway beadwork. The water flower represents purity, embracing life, blossoming youth and resilience; because water lilies aren't bothered by the rocking of the waves, they just grow."

# "The oldest living profession is actually motherhood."

# Journey to Safe SPACES Report



The Journey to Safe SPACES Report is a survivor and community led initiative, and is a pathway for new collaborative and integrated working relationships in Ontario.

Input was gathered by bringing together those most directly impacted

by human trafficking, the survivors who were willing to share their stories. This was done by developing key partnerships with ONWA, Métis Nation of Ontario, Nishnawbe Aski Nation, the Chiefs of Ontario, the Fort Frances Tribal Area Health Services and the Native Women's Resource Centre of Toronto.

The Ontario Native Women's Association (ONWA) had facilitated the development of an integrated network of informed frontline workers, policy makers, police officers and health workers. Together, we have been able to look deeply at what is needed to help Indigenous women and girls safely exit from human traffickers and gangs.

### What we heard from survivors

Based on extensive engagement with over 3,360 community members and the ongoing relationship with 250 self-identified human trafficking survivors who have shared their stories, ONWA has developed 14 recommendations, which we propose to implement through a six part strategy that is rooted in relationship and collaboration though safe SPACES.

Those recommendations focuses on the areas of:

- A culturally-based gender-based traumainformed approach
- Prevention
- Survivor's safety
- Supports for survivors
- Transition to different life
- Agency training and collaboration
- Policy and system reform

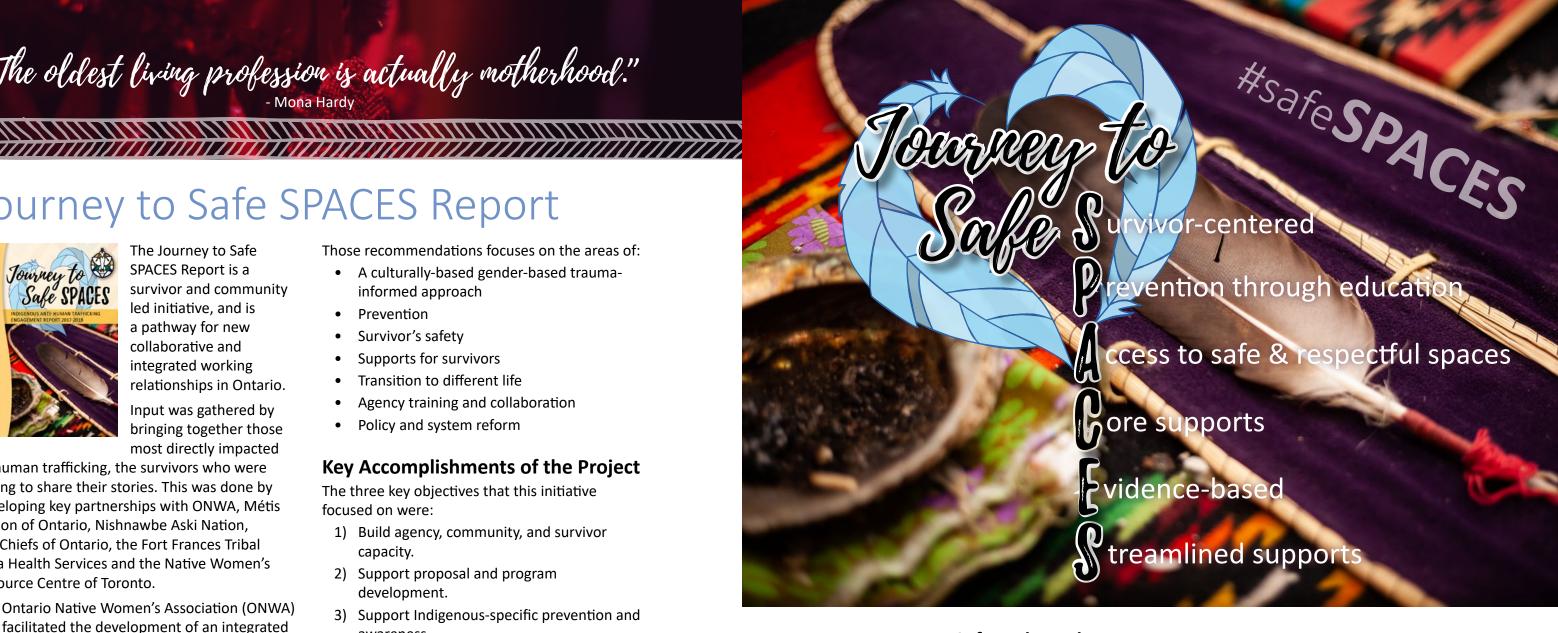
### **Key Accomplishments of the Project**

The three key objectives that this initiative focused on were:

- 1) Build agency, community, and survivor
- 2) Support proposal and program development.
- 3) Support Indigenous-specific prevention and awareness.

All three objectives were addressed in an integrated way through a wide range of activities that accomplished significant achievements across the province. Some of the main accomplishments related to:

- Survivor engagement
- Survivor supports
- Community education and engagement
- Indigenous women-specific programming
- Inter-agency outreach and collaboration
- IAHTL inter-agency table
- Inter-agency strategies and action plans
- Training and education from local agencies, businesses and the public



# We Focus on Safety Through

Survivor- centred and survivor informed services that are culture and gender based and delivered in a trauma-informed approach

**Prevention through education**, training and public awareness campaigns, both in print and in person, targeting those who are most at risk and those who can respond first to the signs, namely peers, parents and educators

Access to safe and respectful spaces at service delivery agencies that offer women only programming so women can speak openly and without fear, about their experiences

**Core supports** for transitioning to a new life, including emergency funding for immediate

relocation, which is delivered in an expedient and efficient manner to ensure women and girls have no wait times to safety

**Evidence-based** policy and system reform informed by survivor expertise and the successful extraction of Indigenous women by ONWA's multi-partner collaborative network that works across government, disciplines and professions

Streamlined supports offered through a barrier free simplified process.

It is key that when a victim is identified, all barriers are removed to ensure they are survivors.

# Community Services Portfolio

This Portfolio offers family wellness and crisis, justice, and mental health service delivery and programming that support and enrich Indigenous women and their family's pathways to healing. Staff share cultural knowledge, traditional bundles, teachings, and healing tools that enhance and build upon Indigenous women's leadership. Community Services operates on the principle that Indigenous women hold a sacred space within the circle and the community. Use of Indigenous approaches that focus on safety and reclaiming identity, within the vital work of decolonization, recognizes that it is the time of Indigenous Women's leadership to empower and embrace healing from individual, to family, to community. All services provide a trauma-informed, strength-based, anti-oppressive framework with culture-based practices and models to ensure a seamless integration of service delivery and supports.

Strategic Direction: Goal 2

ONWA recognizes that is the Time of
Indigenous Women's Leadership





# Aakode'ewin (Courage for Change) Human Trafficking Crisis Response

This survivor-lead program uses trauma-informed practices and builds capacity to support service needs based on the recommendations of Indigenous Women. The program has successfully exited 29 women from trafficking within the 2018-19 fiscal year. Service delivery includes intensive case management with a primary focus on culture, traditional healing, and long-term crisis management support.

# Babaamendam: Trauma-Informed Care

This program facilitates supportive groups and participates on advisory committees that advocate for change within each community. Babaamendam has increased access to, and provided over 1,547 cultural specific programs to Indigenous women and their families that assist in capacity building, reclaiming identity, and traditional teachings. This program connects with community to create and implement an Indigenous approach to responding to trauma in a culturally safe manner.

# **Community Health Outreach**

With limited connection to health resources, this program supported 835 community members to participate in education and awareness workshops that focused on health and wellness, human trafficking, addictions, diabetes, culture

29 Successful exits

Community Members served that were at significant risk, involved or entrenched in Human Trafficking

Active Missing Persons Found

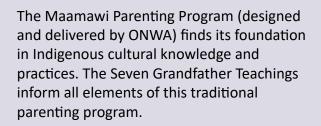
and ceremony, berry and medicine picking, and traditional land-based activities. There has been a noted increase in Youth attending cultural programming and strengthening the connection with Elders and Knowledge Keepers.

### **Community Wellness**

This program supported 7,661 community members to participant in strength-based, trauma-informed, cultural and land-based programming that supports community wellness and violence prevention. Recent additions to programming is a 3-part Residential School, 60's Scoop, and Millennials workshop series. These workshops build community member's traditional bundles to support safety, ceremony and traditional teachings, reclaiming identity and self-location and creating a respectful, safe community space.



Greenstone Community Partnerships were created with People Advocating for Change and Empowerment and the ThunderBird Friendship Centre to support community's participation in cultural land-based events and practices.





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This beautiful side drop was created at ONWA's craft circle by Olivia. The participant shared "each piece of a regalia signifies something unique and special to the dancer". Many hours of work goes into the creation of this most meaningful side drop.

### **Gladue Writer and Support**

ONWA's Gladue Writers completed 3 Gladue Reports and 2 Gladue Letters. The reports had positive outcomes on community member's legal matters. Recommendations within both the Gladue Reports and Gladue Letters were carefully considered by the court, and received positive statements as being informative in understanding the systemic and background factors experienced by the community member. The Gladue Support program had positive outcomes, in connecting community members to educational programs and gainful employment post-sentencing. In turn, reducing recidivism and addressing the underrepresentation of Indigenous women in the work force.

# Indigenous Healthy Babies, Healthy Children

This program provided services to 1,947 community members, and increased access to programs and resources; which successfully supported 35 mothers in securing stable employment, perusing post-secondary educational opportunities, and feeling confident and empowered in their ability to build a financially stable and secure life for their family.

# **Ending Violence Against Indigenous Women**

This program facilitated 107 education sessions within the Thunder Bay and Sioux Lookout area. The program increased access and facilitated workshops to 4,654 participants for specialized training to address sexual assault using a culturally grounded, trauma-informed approach. This program integrates the use of Elders, Knowledge Keepers, and Traditional Healing that support Indigenous women, their families, and community across the continuum of the care healing process. Through this approach Indigenous women build individualized Traditional Bundles to reclaim identity, self-location, and cultural practices that supports long-term healing.

# Indigenous Victim and Family Liaison (IVFL)

This program assists families of Missing and Murdered Indigenous Women and Girls and Indigenous women who have experienced violence to continue their own healing journey; increasing access for family members to attend ceremony, to seek Traditional Healing and Elder supports, to connect with culturally specific programing, to safely navigate existing systems using a traumainformed approach, and to support long-term healing.

# Mental Health and Wellness Support

This program, began in the fall of 2018, has supported 5,667 participants to experience reconnection to culture, traditional practices and connections to the land, as well as to one another. A successful achievement is the aftercare programming which recognized the program's first 9 graduates in spring 2019. The program's "Healing with the Seasons" follows the Giizis 13 Moons calendar throughout the year, building community connection using the traditional way of the Ancestors.

# Nihdawin – "My home, the place I live"

Nihdawin has assisted over 35 Indigenous individual's to gain safe and stable housing within the City of Thunder Bay. Family Support Workers assisted Indigenous women to receive housing within 60 days of service delivery. Family Support Workers assist on average 4 families per year to gain reunification from child welfare systems.

**60%** of individuals receive stable housing with **60 days** 

UNIQUE PROGRAM STATS - IVFL:

120

Individualized Traditional Healing served

15+

Families of MMIWG supported to attend conferences, vigils, ceremonies and awareness events



ONWA staff (in Ottawa) embraced the opportunity to lend some support to new and expecting mothers within the community through creating infant care bundles. Kindness and culture are the building blocks within the support and services that ONWA staff deliver.

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Throughout the year, this program has assisted community members with supports needed to improve their overall well-being and assist them to remain in their homes longer. In cases where community members were temporarily hospitalized, the Ska'be staff have continued to work with, and support the individuals to return to their home care plan or gain successful housing. During the year, staff supported 15 individuals to be able to remain living independently, in their own homes.

# Youth in Transition (YITW) and Youth in Transition Housing First

A notable success of this program was the making of 25 Jingle Dresses with the Youth. This was a partnership between ONWA, Dennis Franklin Cromarty High School, and Keewaytinook Okimakanak. Youth were provided an opportunity to meet new people from different communities, sit with and story tell with Elders, build friendships and share many teachings, stories and laughter. At completion of the Jingle Dress making, the partners hosted a Welcoming Ceremony for the new Jingle Dress dancers.

A female youth who is new to working with the YITW program received assistance to get into addiction treatment, has started treatment at a local treatment center and is looking forward to her healing journey. She will continue to work with the YITW.



A mother spoke of finding her voice again which gave her the confidence to navigate systems that were impacting her family. This mother spoke of feeling pride in her ability to speak up for her son, when it mattered most, and actively being a part of his healing process. In addition to taking the lead in regards to her child's medical needs and the planning to make this happen, she took the lead on accomplishing her own goals, completing her first year of Indigenous Social Work at a local college.

A mother who regularly attends and participates in ONWA programming, voiced her appreciation and shared that having ONWA in her community really benefited Indigenous mothers, creating a safe space that made them feel comfortable asking questions, seeking assistance, or simply meeting other women in the community.

A young female was looking for support to help her apply for college, housing and a job. She was accepted into Confederation College for fall 2018, and since has found a job for the summer. She will be working part-time while she attends school.



# ONWA's Response to the National Inquiry into Missing and Murdered Indigenous Women and Girls

Traditionally, Indigenous women were highly esteemed leaders in families, communities and nations. Colonization, historical trauma and the legacy of residential schools shifted our cultures from a matriarchal worldview to one where Indigenous woman were no longer valued and respected, and a patriarchal worldview was adopted. As a result, Indigenous women and girls now experience high levels of violence, as such, our work is urgent.

ONWA's work is to restore Indigenous women's roles and responsibilities through reclaiming and honouring Indigenous ways of knowing and being. We are committed to ending violence against Indigenous women and girls. The issue of violence requires gender-specific and culture-based solutions to support the healing journeys of women; we need to center Indigenous women as role models and leaders.

In December 2018, ONWA submitted our Closing Submission to the National Inquiry into Missing and Murdered Indigenous Women and Girls, where ONWA's Executive Director Cora-Lee McGuire-Cyrette delivered a powerful closing. She compelled the Commissioners to be brave in creating their final report and recommendations, stating that as we now heard from families, it is time to take action. She emphasized the need for changes to the *Indian Act* to end gender-based discrimination; the importance of Indigenous women's roles as mothers, and the need for supporting Indigenous women's restoration to their rightful place as leaders.

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ONWA's written submission to the National Inquiry articulated 11 Calls to Action for government and communities to take up:

- Restoration of Indigenous Women's identity
   sex discrimination and the *Indian Act*
- 2. Restoration and recognition of Indigenous women's leadership
- 3. Language
- 4. Addressing sexual violence against Indigenous women and girls
- 5. Victim services and safety
- 6. Indigenous women and the Gladue principles
- 7. Addressing human trafficking against Indigenous women and girls
- 8. Restoring healthy families and addressing the child welfare system
- 9. Reinstatement of the Aboriginal Healing Foundation
- 10. Indigenous gender-based analysis
- 11. Investments in Indigenous women's capacity and leadership

To address the issue of Missing and Murdered Indigenous Women and Girls and to create solutions, there needs to be a direct increase in responsibility and accountability at all levels of community agencies and governments. It is time for leaders and policy makers to actively listen and empower the voices of Indigenous women and girls. As Indigenous women, we must take up our roles and responsibilities as leaders of communities.



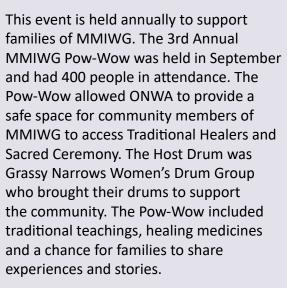








# 3rd Annual Missing and Murdered Indigenous Women and Girls (MMIWG) Pow-Wow













# Community Knowledge Portfolio

This Portfolio responds to the needs of Indigenous women by applying a culture-based, wholistic, and family-focused understanding of Indigenous women's issues. ONWA applies the Harmony Circle Model that centres Indigenous women.

When we focus on Indigenous women, we focus on the family and the community.

Strategic Direction: Goal 3

ONWA will apply a culturally-based, wholistic understanding of the issue (family-focused)





# **Examples of ONWA's Key Submissions**

- Federal Anti-Racism Strategy Submission
- National Consultation on the Way Forward to End Human Trafficking in Canada Submission
- Increasing Housing Supply in Ontario Consultation Submission
- 2019 Pre-Budget Submission
- Relationship with Indigenous Communities Guideline, 2018, Ontario Public Health Standards Guidelines Submission
- Position Statement on Traditional Health and Healing Services in Ontario Submission

# **Ending Violence Against Indigenous Women**

House of Commons for the Standing Committee on Justice and Human Rights study on Human Trafficking in Canada Submission

In June 2018, ONWA put in a submission to the Standing Committee on Justice and Human Rights Study on Human Trafficking in Canada. The submission spoke to the high numbers of Indigenous women and girls who are trafficked in Canada and the need for National approaches to address the root causes of trafficking of Indigenous women. The submission contained

recommendations such as improving data collection on the scope and prevalence of human trafficking in Canada, implementing sustainable programs and services that address survivor-specific needs including wrap-around 24 hour services for survivors, and addressing child welfare issues including the overrepresentation of Indigenous children in the care of child welfare agencies.

# Housing & Poverty Reduction for Indigenous Women and Families

Indigenous Women, Intimate Partner Violence, and Housing Newsletter – Partnership with the Violence Against Women Learning Network

ONWA was invited by the Violence Against Women Learning Network to write Issue 25: Indigenous Women, Intimate Partner Violence, and Housing newsletter, which was launched in June 2018. ONWA's newsletter was widely publicized by the Learning Network and shared at the Women's Shelters Canada National Conference that same month. Within the newsletter, ONWA addressed that the violence and homelessness experienced by Indigenous women requires that we confront the deepseated colonialism, racism, sexism, and poverty that continues today. ONWA focuses on the strengths of Indigenous women and girls, and their communities, to promote recovery and overall well-being.

"This moment has been a long time coming, we can finally celebrate. My family and my community will be whole again. Women are the heart of our nations, the removal of our mothers, aunties, and grandmothers had left a gaping wound in our nations, a wound that can finally begin healing."

- Autumn Sky Cooper



Diabetes in the Urban Indigenous Community: A Report on the Provincial Landscape. ONWA's Submission to the Ministry of Health and Long-Term Care

ONWA, through the Urban Indigenous Health Table, submitted a report to the Ministry of Health and Long-term Care. The report "Diabetes in the Urban Indigenous Community: A Report on the Provincial Landscape" presented how symptoms of historical and intergenerational trauma have manifested themselves in the form of chronic disease today, specifically type 2 diabetes. The report discussed barriers to care for Indigenous women, and gave system change recommendations to the provincial government on how to address issues related to barriers of care at the systemic level for Indigenous women and urban Indigenous people. Recommendations included topics related to Indigenous responsibility over programming, systems change, effective partnerships, collaboration and coordination, Indigenous culture-based services, surveillance and information management, effective prevention, screening and selfmanagement and evaluation and measurement.

# Enhanced Diabetes Prevention and Education

ONWA's advocacy on Indigenous women's health and wellness, including diabetes, has resulted in an expansion of our existing Aboriginal Diabetes Education Project, to enable community engagements across the province to raise awareness and assess the needs of Indigenous women and their families in terms of diabetes prevention and overall health and wellness.

# Indigenous Children and Youth and Families

ONWA's FASD Staff Training Forum

ONWA planned and hosted a Fetal alcohol spectrum disorders (FASD) province-wide staff training forum over two full days that was grounded in culture, gender-based and trauma-informed; partnering with Indigenous experts and leaders in FASD research, education and advocacy.



# Passing of Bill S-3

On August 19, 2019, ONWA welcomed the long overdue passing of Bill S-3 as a positive step toward constructive reconciliation. First Nations women will, at long last, be treated the same as men under the *Indian Act;* enabling them to obtain the same status and category of membership as their male counterparts and their descendants.

ONWA has been advocating for the end of all sex-based discrimination since inception almost 5 decades ago, and most recently through the Collaborative Process on Indian Registration, Band Membership and First Nation Citizenship: Consultation Plan where there was a resounding message from community members at sessions held in Ontario to support "6(1)(a) All the Way" (Lynn Gehl, Activist).

ONWA's submission to the National Inquiry into Missing and Murdered Indigenous Women and Girls called for the restoration of Indigenous women's identity through recommendations to end sex discrimination in the *Indian Act*, and specifically that "full section

6(1)(a) status to be extended to all First Nations women and their children".

Activist and founding member of ONWA, Jeanette Lavell-Corbiere, has long been at the forefront of the movement challenging section 12(1)(b) of the Indian Act and paved the way for momentous change. Her commitment to the final passage of Bill S-3 placed her on the national and international stage for the rights of Indigenous women. "I am totally happy and grateful to witness the passing of Bill S-3 and to be re-instated to the full status that I had prior to 1970. It has taken 49 years, and with the support and help of my Indigenous sisters, friends and family across Canada, the discrimination and inequality in the *Indian Act* towards Indian women is finally removed."

ONWA recognizes and honours the contributions of the many strong Indigenous women who, over the years, have fought for this historic and powerful day. The implementation of the Bill S-3 amendments is the first step towards reconciliation with Indigenous women, beginning their journey towards healing and reclaiming identity.

# Our Growth

The Operations Portfolio consists of the Finance Department, Info/infra structure, Marketing and IT. ONWA has experienced growth in the 2018-2019 fiscal year; the budget increased from 12.4 million to 13.5 million, with 59 agreements.

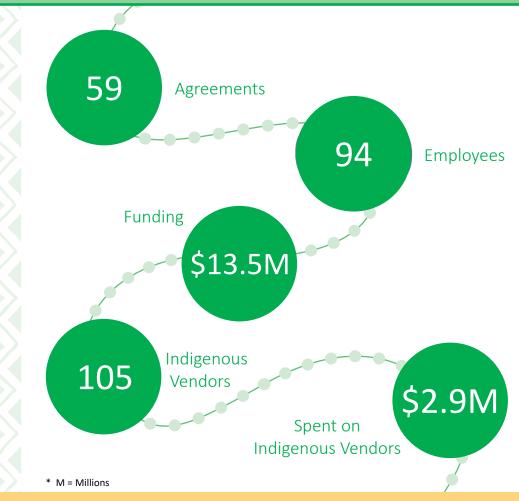
This resulted in the need for additional infra-structure in each branch to accommodate growth. The Ottawa staff moved to their own building in September 2018. The open house for ONWA's newest branch in Toronto at 67 Yonge Street, was held on December 2018.

The goal of the Operations Portfolio, "ONWA is a strong and stable organization," supports the three pillars of ONWA (Community Development, Community Service, and Community Knowledge). Moving forward we are implementing action plans to ensure that ONWA continues to be a strong and stable organization; while remaining grounded in culture, fiscally responsible and transparent.

ONWA is committed to support Indigenous vendors across the province. To help us increase our Indigenous vendor threshold please send us your business information and website to <a href="mailto:onwa@onwa.ca">onwa@onwa.ca</a>.

# Strategic Direction: Goal ONWA is a strong and stable organization

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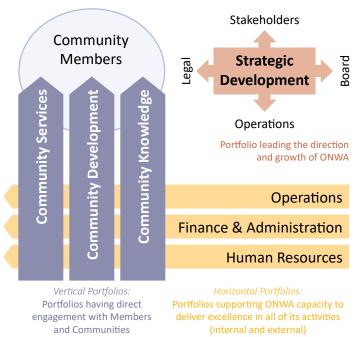
# Risk Management & Mitigation

ONWA has a strong Risk Management Mitigation process that is evaluated at every level of the organization. It is strongly integrated with management practices of the board and within the internal Portfolios. All risks are reported to the board of directors quarterly. ONWA is successful in maintaining a low risk organization rating for the past couple of years. The organization assesses and supports risk in the following areas;

DIMENSION	SCORE
Governance and Organizational Risk	0
Service Delivery and Operational Risk	1
Stakeholder Satisfaction and Public Perception Risk	0
Financial Risk	0
Legal and Compliance Risk	0
Technology and Information Management Risk	0
Human Resources and People Risk	0
TOTAL	1
OVERALL RISK RATING:	LOW

### **Service Delivery Approach**

ONWA utilizes a Service Delivery approach and continuously updates the policies and procedures, focused on quality assurance and rights of workers and community members. ONWA's Risk Mitigation Strategy is to develop a new clear structure across the organization that provides *clarity, alignment, and performance*. Moving forward, ONWA will continue to develop operating *policies, processes, and procedures* for more effective service delivery to meet the needs of Indigenous women.



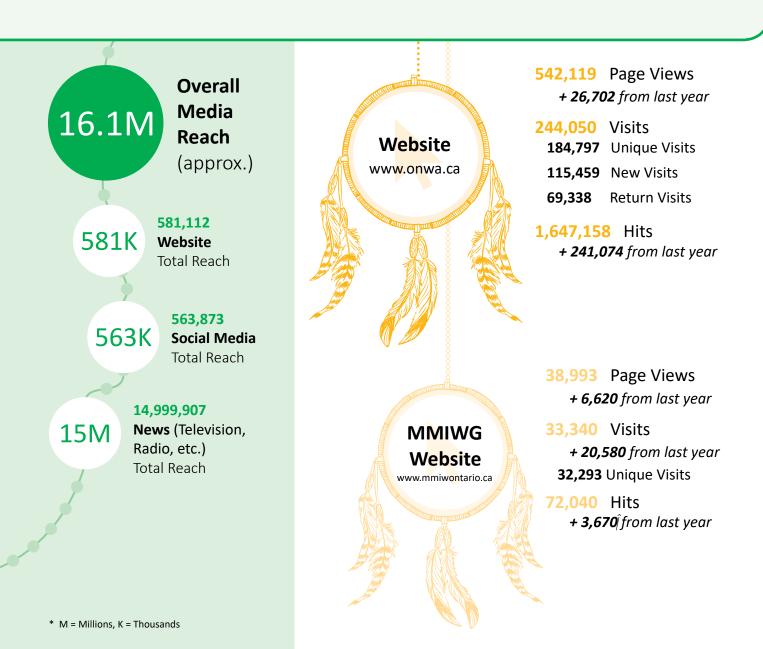
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# Marketing and Communications

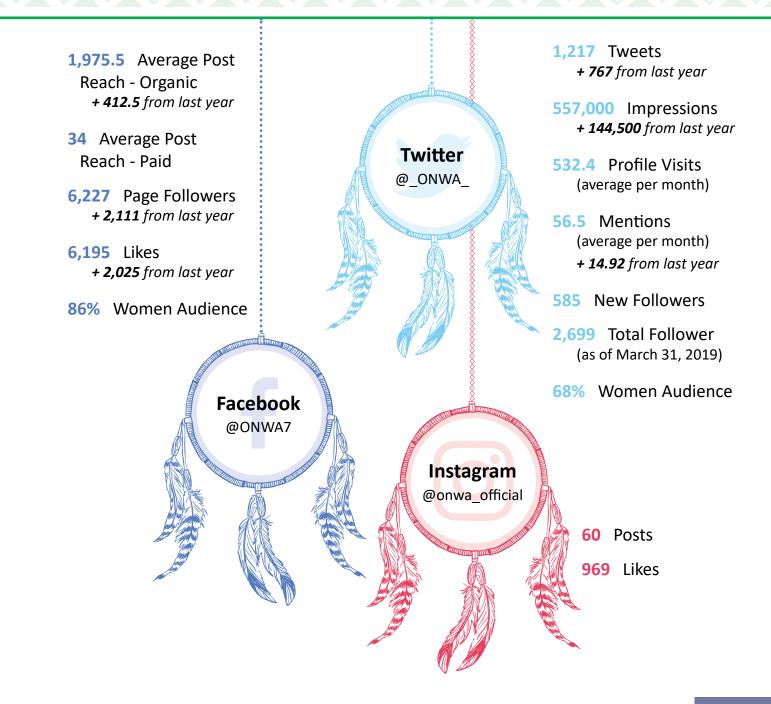
Marketing and Communications (MARCOM) work together to achieve ONWA's overall strategy as a "Voice for Indigenous Women's Issues in Ontario". By showcasing issues, stories and teachings, we help promote Indigenous women's voices across communities; changing the dialogue, challenging societal norms and supporting Indigenous women to reclaim their traditional role as community leaders.

ONWA is committed to an open and transparent communication process, and strives to strengthen our efforts through media relations, publications, advertising and promotional material, and the use of social media. Through careful development and planning, MARCOM works to ensure ONWA's message is clear and consistent across all channels, internal and external.

The strategic use of Social Media is a key focus of MARCOM; due to its popularity, easy accessibility and far reach, both in urban locations and remote northern communities.









"I've personally
experienced mental health
challenges in my life and know how critical
support like Talk4Healing is for young women
like myself. This new texting option allows a younger
demographic to communicate in a way that is more
comfortable for us, and it could have the potential
to save a life," says Melinda Henderson. The 26-yearold is featured in new promotional photography
for the helpline and is inspired to use her
voice to share information about
Talk4Healing.

# Talk4Healing Relaunch

On Tuesday, October 23, 2018, Talk4Healing, a partnership between Beendigen and Ontario Native Women's Association (ONWA), launched new text and chat technology that will increase the ability to provide support and services across Ontario.

Women now have a choice in how they connect with the helpline. A live, trained counsellor can talk with callers over the phone, text through mobile device, or chat via the Talk4Healing website's Live Chat, providing culturally sensitive crisis counselling, advice and support. All talk, chat and text services are free, confidential and protected. Talk4Healing, offers 24/7 help, support and resources for Indigenous women, by Indigenous women, in 14 Indigenous languages as well as English. Over the past six years, the helpline has received nearly 20,000 calls from northern communities.

New technology enables Talk4Healing to reach a broader demographic, including younger Indigenous women that have identified that they are more comfortable texting. Whether you are at home or on the go, texting is a norm in today's society and is more accessible in certain situations in which women are at risk. This new service also provides comfort for those that might be too hesitant to call over the phone, but does not compromise the culturally sensitive support. Talk4Healing services focus on the acceptance of Indigenous women's issues in a non-judgmental way.

Since it's initial launch in October 2012, Talk4Healing has helped Indigenous women through various issues and circumstances such as escaping violent relationships, health and wellness, difficult personal relationships, financial turmoil and addiction.

**Talk:** Call us at 1-855-554-HEAL (4325) and live support will be there to listen, any time of day.

**Text:** Simply send us a message to receive support anywhere.

**Chat:** Visit talk4healing.ca. Click on our live chat option and start your session to begin your path to healing.





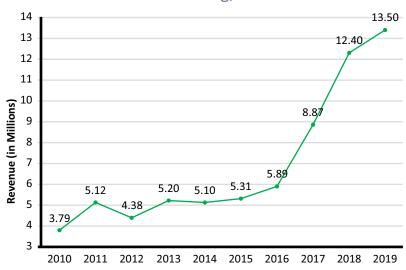




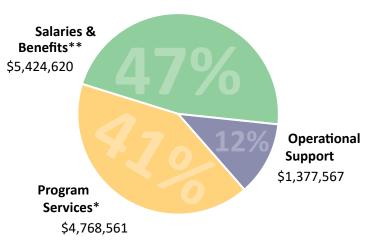
# Finance

The Finance Department is a vital support pillar within ONWA. It helps to ensure fiscal responsibility and accountability across the 3 pillars of the organization (Community Development, Community Services, and Community Knowledge). Finance takes data and turns it into useful information to help our leadership make strategic, proactive decisions that are clear and transparent. ONWA has experienced significant growth. During the 2018-19 fiscal year, our total revenue from all sources has seen a growth of over 11% and has increased to over 13.5 million dollars. The portfolio of grants has increased to 59 agreements.

### Growth in Funding, 2010-2019



### Expenditure by Service, 2019



- Operating part of budget
- \*\* This is low Not-for-Profit Organization, which normally has 50% to 70% in wages allocated

Auditor's Report is available upon request.



Ontario Native Women's Association

**FINANCIAL STATEMENTS** 

### BALANCE SHEET

### March 31, 2019 I With comparative figures for 2018.

2010

2010

### NOTES TO BALANCE SHEET As of March 31, 2019

- ONWA is a tax exempt not-for-profit organization incorporated on November 17, 1971 under the Province of Ontario Corporations Act.
- 2. Working capital (current assets less current liabilities increased to \$2,803,435 (2018 \$2,262,830).
- 3. Purchased capital assets are recorded at cost. \$11,044 in assets purchased this period were building improvements to 380 Ray Blvd.
- 4. Deferred Revenue results from funding agreements and contains the unexpended portion of the funding.
- 5. Operational Support increased \$540,605 (+26%) from 2018 to 2019.
- 6. ONWA reports using fund accounting maintaining the Operational Support, Restricted Fund, **Capital Assets Fund** and Capital Reserve Fund. The Operational Support is related to the general operations and administration. The Restricted Fund is related to programs that are funded with restricted contributions. The Capital Assets Fund reports the financial changes related to capital assets.

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	2019	2018
ASSETS		
CURRENT ASSETS		
Cash	\$3,088,844	\$3,011,454
Short-term Investments	\$192,506	\$192,080
Accounts Receivable	\$742,286	\$1,480,777
Prepaid Expenses	\$11,833	-
Loan & HST Receivable	\$277,198	\$215,363
TOTAL CURRENT ASSETS	\$4,312,667	\$4,899,674
Capital Assets	\$1,801,318	\$1,843,652
TOTAL ASSETS	\$6,113,985	\$6,743,326

	2019	2018
LIABILITIES & FUND BALANCES		
Accounts Payable and accruals	\$1,193,866	\$1,769,523
Deferred Revenue	\$204,379	\$780,474
Government remittances payable	\$37,877	\$25,919
Due to funders	\$73,110	\$60,928
TOTAL CURRENT LIABILITIES	\$1,509,232	\$2,636,844
Deferred Capital Contributions	\$1,436,417	\$1,492,262
FUND BALANCES		
Invested in Capital Assets	\$364,901	\$351,390
Capital Reserve	\$148,500	\$148,500
TOTAL LIABILITIES & FUND BALANCES	\$6,113,985	\$6,743,326

### STATEMENT OF REVENUE AND EXPENSES

March 31, 2019 | With comparative figures for 2018.

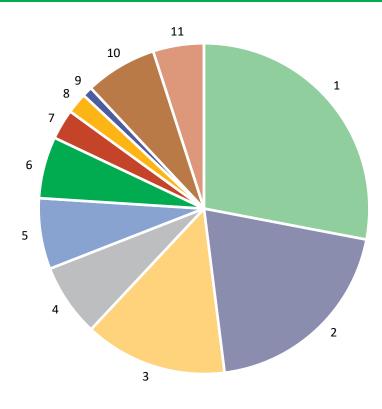
	2019	2018
REVENUE		
Restricted Fund Revenue	\$12,078,051	\$10,881,028
Operational Support	\$1,371,462	\$1,485,144
Capital Asset Fund Revenue	\$55,845	\$40,477
TOTAL REVENUE	\$13,505,358	\$12,406,829

EXPENSES	2019	2018
Restricted Fund Expenditures	\$12,093,487	\$10,881,208
Operational Support Expenditures	\$804,378	\$111,657
Capital Asset Fund Expenditures	\$53,377	\$39,704
TOTAL EXPENDITURES	\$12,951,242	\$11,032,569
Excess of Revenue over Expenditures	\$554,116	\$1,374,260

### NOTES TO BALANCE SHEET As of March 31, 2019

- 1. ONWA follows the deferral method of accounting for contributions. Restricted contributions are revenue in the year the related expenses are incurred. Unrestricted contributions are revenue as received if the amount is reasonably assured.
- 2. Materials and services are recognized as expenses when the materials and services are used in the normal course of ONWA operations and would otherwise have been purchased.

# **REVENUE BY SOURCE**



- Ministry of Community and Social Services 28%
- 2. Ministry of Children and Youth Services 20%
- 3. Ministry of the Attorney General 14%
- 4. Ministry of Health and Long Term Care 7%
- 5. Ministry of Indigenous Relations and Reconciliation 7%
- 6. Métis Nation of Ontario 6%
- 7. Indian Youth Friendship Society 3%
- 8. Indigenous Services Canada 2%
- 9. Ministry of Status of Women 1%
- 10. Own-source revenue 7%
- 11. All other revenue 5%

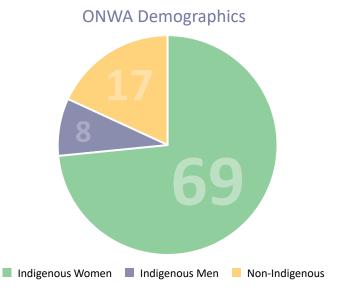
# Human Resources

Human Resources (HR) works with all internal and external stakeholders to provide consultation, education and advisory services, while supporting the organization's vision, mission, strategy and culture by creating a foundation that provides a strong stable organization.

HR will continue to provide ongoing support that enhances the training and development of ONWA employees. We recognize and understand the value of investing in our employee's to ensure we are meeting the needs of our community members. HR will continue to utilize *HR Downloads* to assist in mandatory requirements and will expand training offered. Developing our managers is a key focus this year in an effort to succession plan and grow ONWA.

### **Our Workforce**

ONWA is pleased to show the majority of our workforce continues to represent the community members we serve with 82% being Indigenous peoples and 73% of these being Indigenous Women:



### **Growth and Recruitment**

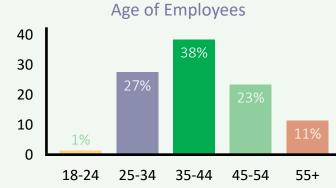
Recruitment over the last fiscal year has been a key priority. ONWA has grown tremendously as we have expanded our services and programming in all of our offices within the province, with particular attention to the Toronto, Ottawa and Hamilton areas. Doing this gives us a stronger presence in each of these communities and better supports our community members.

We have grown our staff by 30% overall and in the 2019-2020 fiscal year predict a moderate increase of approximately an additional 20 full time personnel, bringing us close to 120 full time employees.

The next year is about stabilizing and we are in the process of restructuring our organization in an effort to align our employees and programs which will enable us to better support our community and community members.



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### **Culture** is the Foundation

ONWA is committed to providing all of our employees with support and guidance to be their best self, and successful in their roles.

ONWA prides itself on supporting all employees with continuous cultural teachings, and using guidance provided by our teachings, our traditions and our Elders to ground our work.

- **Wisdom** We all make mistakes. Learning from them is what we encourage and using all resources available can help us in our journey.
- Love We show our love for our community, our community members, our co-workers and our family through our daily words and our actions.
- Respect We accept everyone we deal with, as they are and without judgement. We listen to them openly and are sensitive to their feelings. Everyone matters.
- Bravery We all have decisions to make and some are not easy. Having the courage to do things that can be difficult and need to be done or said is supported as we understand this is how we grow and develop.
- Honesty We support an environment of transparency. We encourage our employees to speak and act in an honest way.
- **Humility** We lead in being humble and modest and modeling the values we hold true to our heart.
- **Truth** We know and believe in these Seven Grandfather Teachings. We identify ourselves through these and live by them in our daily dealings.

In all of our dealing, ONWA is grounded in the Seven Grandfather Teachings and the Four Agreements (Don Miguel Ruiz).

# Infostructure

Infostructure Management was introduced in April 2018 as a response to ONWA's growing need to have more control over our information, which will allow for better informed, data-driven decisions to be made for the future. Ultimately, it's all about getting the right information to the right people at the right time.

ONWA's Infostructure Management program covers 2 main areas: Information Management, and Information Technology (IT) Management.

### 2018-19 has focused primarily on:

- 1. Program and project planning related to the introduction of a net new program for ONWA This included system audits, needs assessments and research.
- 2. IT support system implementation
   This included the research and implementation of required systems, procurement and vendor management, hiring IT support providers, and managing 3rd-party support providers.
- 3. Managing ONWA growth This includes setting up the IT
  infrastructure at multiple new
  ONWA locations and responding to
  growth in staff size.
- 4. Platform migration ONWA has invested in cloud platforms and software-as-a-service solutions. We have migrated from our older on premise hardware to the new feature-rich Microsoft 365 platform for all employees.

ONWA's growth during 2018-19 has demonstrated a need for continued development of both our Information Management and our IT programs.

# Services

# Fort William First Nation Head Office

**Corporate & Financial Operations** 

# **Greenstone**Satellite Office

- Community Health Outreach
- Indigenous Healthy Babies Healthy Children
- Mental Health and Wellness

### **Hamilton**

### **Satellite Office**

- Babaamendam (Trauma-Informed)
- Gladue
- Indigenous Healthy Babies Healthy Children

### Kenora

### **Satellite Office**

- Breaking Free from Family Violence
- Community Wellness
- Indigenous Healthy Babies Healthy Children
- Indigenous Victim and Family Liaison
- Mental Health and Wellness

### **Napanee**

### **Satellite Office**

- Babaamendam (Trauma-Informed)
- Indigenous Healthy Babies Healthy Children

### **Ottawa**

### **Satellite Office**

- Babaamendam (Trauma-Informed)
- Breaking Free from Family Violence
- Gladue
- Indigenous Healthy Babies Healthy Children
- Mental Health and Wellness

### Sioux Lookout

### Satellite Office

- Ending Violence Against Indigenous Women
- Indigenous Healthy Babies Healthy Children
- Mental Health and Wellness
- Youth in Transition

# Thunder Bay Satellite Office

- Aboriginal Diabetes Education
- Aboriginal Responsible Gambling Awareness
- Babaamendam (Trauma-Informed)
- Breaking Free from Family Violence
- Community Wellness
- Ending Violence Against Indigenous Women
- Indigenous Anti-Human Trafficking
- Indigenous Healthy Babies Healthy Children
- Indigenous Victim and Family Liaison
- Indigenous Women's Leadership
- Mental Health and Wellness
- Missing and Murdered Indigenous Women Family Support
- Nihdawin
- Ska-Be (Helper)
- Urban Aboriginal Strategy
- Youth in Transition
- Youth in Transition Housing Supports
- Youth Life Promotion (Mentorship)

### **Timmins**

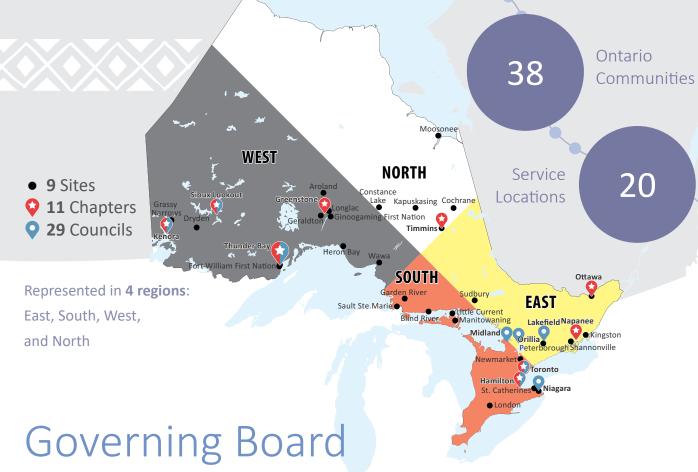
### **Satellite Office**

- Babaamendam (Trauma-Informed)
- Breaking Free from Family Violence
- Mental Health and Wellness

### Toronto

### **Executive & Satellite Office**

**Communications & Justice Programs** 



ONWA has a policy-making Board, committed to creating an open and supportive environment with respectful communication. The Board is comprised of sixteen Indigenous women, representing each of the four regions; including two honorary members and a regional Grandmothers' Council who are non-voting members of the Board, and who are present at Board Meetings and the Annual General Assembly in a supportive and mentorship role. The Board follows policy that provides framework for how ONWA governs.

Board of Directors - CURRENT REGIONS (2018-2019)			
Eastern Region	Southern Region	Western Region	Northern Region
Dawn Harvard	Brenda Jackson	Agnes Bachmann	Betsy Connor
President	Director	Director	Treasurer
Melinda Commanda Director	Gloria Alvernaz- Mulcahy Director	Cecilia Airns Director	Pauline Hunter Director
Cara Frost	Wendy Sturgeon	Audrey Fisher	Roberta Wesley
Director	Secretary	Director	Vice President
Autumn Sky Cooper	Mariah Abotossaway	Kayla Meekis	Shanayah Echum
Youth Director	Youth Director	Youth Director	Youth Director
Holly Hughes	Suzanne Knapp	Catherine Everson	Dorothy Wynne
Grandmother	Grandmother	Grandmother	Grandmother

### **Honourary Members**

Jeanette Corbiere-Lavell (Manitowaning)

Dorothy Wynne (Moosonee)





# **Contact Information:**

### **Head Office:**

P.O. Box15-684 City Road, Fort William First Nation, ON P7J1K3 Toll Free:1-800-667-0816 · Phone: (807) 577-1492 · Fax:(807) 623-1104

E-mail: onwa@onwa.ca



www.onwa.ca



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